5th Annual USAPL U.S. Open Powerlifting Championships

Don Taft University Center Arena -- Nova Southeastern University: Davie, Florida

Sunday, July 11, 2010

							SQUAT			BENCHPRESS				DEADLIFT					
NR	WT	BDW.	NAME	AGE	CLUB / CITY	DIVISION	1.	2.	3.	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's	PL.
1			**Powerlifting**																
2	75.00	73.70	Carlos Cevallos	27	Prime Time Fitness -- Hialeah, FL	Open	205.0	215.0	220.0	135.0	145.0	155.0	375.0	190.0	200.0	-207.5	575.0	414.8	1.0
3	90.00	86.40	John Crowell	39	Physiques Unlimited -- Pompano Bch, FL	Open	-205.0	-205.0	205.0	-137.5	137.5	Pass	342.5	185.0	205.0	232.5	575.0	375.1	1.0
4	110.00	105.60	Nick Israel	21	University of Florida -- Gainesville, FL	Open	290.0	-310.0	Pass	160.0	230.0	-242.5	520.0	230.0	-260.0	Pass	750.0	447.3	1.0
5	82.50	76.10	Cristian Narvaja	17	Athletes Advantage -- Wellington, FL	Teen [16 - 17]	145.0	-165.0	165.0	125.0	132.5	-140.0	297.5	187.5	210.0	220.0	517.5	365.1	1.0
6	67.50	61.20	Tyler Mohammed	21	Fit Forever -- Bonita Springs, FL	Junior [20 - 23]	-165.0	-165.0	-165.0	-102.5	102.5	105.0		207.5	227.5	-240.0			
7	F 67.5	60.60	Kelly Stomber	49	Physiques Unlimited -- Pompano Bch, FL	Masters [40 - 49]	-70.0	-70.0	70.0	37.5	40.0	42.5	112.5	60.0	65.0	75.0	187.5	158.5	1.0
8	90.00	88.80	Gary Levenson	45	FGCU Powerlifting Team -- Estero, FL	Masters [40 - 49]	152.5	160.0	165.0	115.0	117.5	120.0	285.0	187.5	192.5	-200.0	477.5	306.9	1.0
9	82.50	75.80	Gonzalo Gonzales	78	YMCA -- Weston, FL	Masters [70 - 79]	70.0	75.0	80.0	45.0	55.0	-60.0	135.0	80.0	90.0	100.0	235.0	166.2	1.0
10	82.50	82.40	Zachary Nicholas	21	Florida Atlantic University -- Boca Raton, FL	Collegiate	225.0	-240.0	240.0	-167.5	167.5	-177.5	407.5	225.0	-240.0	-240.0	632.5	424.0	1.0
11	110.00	105.60	Nick Israel	21	University of Florida -- Gainesville, FL	Collegiate	290.0	-310.0	Pass	160.0	230.0	-242.5	520.0	230.0	-260.0	Pass	750.0	447.3	1.0
12	75.00	73.10	Andres Parra	23	LA Fitness - Coconet Creek, FL	Raw/Unequipped	137.5	-152.5	15.0	102.5	120.0	-127.5	257.5	182.5	210.0	-220.0	467.5	339.2	1.0
13	82.50	81.90	Gary Gibson	34	Orlando Barbell -- Orlando, FL	Raw/Unequipped	160.0	170.0	180.0	100.0	110.0	115.0	295.0	200.0	215.0	225.0	520.0	349.9	1.0
14	90.00	88.20	Alex Tertitski	30	Moore Muscle -- Miami, FL	Raw/Unequipped	-227.5	-227.5	245.0	-152.5	-160.0	160.0	405.0	282.5	305.0	-317.5	710.0	458.0	1.0
16	90.00	89.70	Rocky Lanz	38	Coffee's Gym -- Marietta, GA	Raw/Unequipped	227.5	237.5	242.5	137.5	-145.0	-145.0	380.0	267.5	282.5	-290.0	662.5	423.7	2.0
15	90.00	87.60	Andrew Wainer	24	Just Lift Powerlifting Team, Maragte, FL	Raw/Unequipped	110.0	120.0	132.5	95.0	105.0	115.0	247.5	150.0	165.0	185.0	432.5	280.0	3.0
17	100.00	96.40	Jon Landau	40	Gold's Gym -- Jupiter, FL	Raw/Unequipped	-227.5	242.5	Pass	-145.0	145.0	-160.0	387.5	250.0	-260.0	-260.0	637.5	394.0	1.0
19	125.00	123.40	Ettore Ewen	24	Hard Knocks Gym -- Tampa, FL	Raw/Unequipped	255.0	265.0	277.5	205.0	222.5	-230.0	500.0	317.5	340.0	-352.5	840.0	480.0	1.0
18	125.00	123.50	Ken Morris	25	Samson Strength + Conditioning -- PSL, FL	Raw/Unequipped	-235.0	245.0	-260.0	182.5	187.5	-192.5	432.5	282.5	295.0	-300.0	727.5	415.6	2.0
20	125.00+	147.50	Mike Ricker	44	Anytime Fitness -- Cape Coral, FL	Raw/Unequipped	150.0	Pass	Pass	150.0	170.0	182.5	332.5	150.0	Pass	Pass	482.5	267.6	1.0
21			**Push/Pull for Total**																
22	F 48.00	47.00	Joan Schmidt	70	Commons Club -- Bonita Springs, FL	Open				30.0	-35.0	-35.0	30.0	62.5	67.5	-72.5	97.5	131.1	1.0
23	90.00	89.20	Alan Klevens	51	Bally's Gym -- Coral Springs, FL	Open				117.5	-120.0	-120.0	117.5	-167.5	167.5	170.0	287.5	184.4	1.0
24	100.00	90.50	Torey Taylor	38	Kadena AFB -- Okinawa, Japan	Open				200.0	220.0	-222.5	220.0	205.0	217.5	-240.0	437.5	278.5	1.0
25	110.00	102.10	Rocky Germaine	31	University Fitness -- Tamarac, FL	Open				117.5	137.5	-142.5	137.5	205.0	227.5	-237.5	365.0	220.4	1.0
26	125.00	125.00	Jon Kennedy	36	Sunrise Fitness - Sunrise, FL	Open				-160.0	160.0	182.5	182.5	182.5	210.0	-227.5	392.5	223.6	1.0
27	125.00+	141.40	Nate McCoole	15	Sunlake High School -- Landolakes, FL	Teen [14 - 15]				165.0	-170.0	-170.0	165.0	220.0	-230.0	-230.0	385.0	214.8	1.0
28	110.00	109.70	Jim Dundon	45	Joe's Garage Gym -- Ft. Myers, FL	Masters [40 - 49]				167.5	172.5	178.0	178.0	225.0	242.5	-257.5	420.5	247.7	1.0
29	125.00	121.90	Joe Hernandez	41	Joe's Garage Gym -- Ft. Myers, FL	Masters [40 - 49]				117.5	125.0	130.0	130.0	192.5	202.5	215.0	345.0	197.7	1.0
30	90.00	89.20	Alan Klevens	51	Bally's Gym -- Coral Springs, FL	Masters [50 - 59]				117.5	-120.0	-120.0	117.5	-167.5	167.5	170.0	287.5	184.4	1.0
31	125.00	118.50	Eric Pauli	51	Montverde Academy - Monverde, FL	Masters [50 - 59]				160.0	-182.5	-182.5	160.0	160.0	192.5	210.0	370.0	213.3	1.0
32	F 48.00	47.00	Joan Schmidt	70	Commons Club -- Bonita Springs, FL	Masters [70 - 79]				30.0	-35.0	-35.0	30.0	62.5	67.5	-72.5	97.5	131.1	1.0
33	67.50	71.10	Jared Hazel	22	24 Hr. Fitness -- Boyton Beach, FL	Collegiate				105.0	122.5	-137.5	122.5	202.5	217.5	232.5	355.0	262.9	1.0
34	67.50	71.10	Jared Hazel	22	24 Hr. Fitness -- Boyton Beach, FL	Raw/Unequipped				105.0	122.5	-137.5	122.5	202.5	217.5	232.5	355.0	262.9	1.0
35	90.00	89.20	Alan Klevens	51	Bally's Gym -- Coral Springs, FL	Raw/Unequipped				117.5	-120.0	-120.0	117.5	-167.5	167.5	170.0	287.5	184.4	1.0
36	125.00	124.30	Marco Leal	29	24 Hr Fitness - Boyton Beach, FL	Raw/Unequipped				175.0	-185.0	-190.0	175.0	230.0	247.5	-260.0	422.5	241.0	1.0
37	125.00	111.80	Matt Smith	40	Sunlake High School -- Landolakes, FL	Raw/Unequipped				-162.5	167.5	170.0	170.0	205.0	215.0	225.0	395.0	231.3	2.0
38			**Bench Press Only**																
39	75.00	73.70	Carlos Cevallos	27	Prime Time Fitness -- Hialeah, FL	Open				135.0	145.0	155.0	155.0				155.0	111.8	1.0
40	82.50	82.50	Mosbah Alkinany	41	Bally's Gym -- Coral Gables, FL	Open				220.0	227.5	235.0	235.0				235.0	157.4	1.0
41	125.00	125.00	Jon Kennedy	36	Sunrise Fitness - Sunrise, FL	Open				-160.0	160.0	182.5	182.5				182.5	104.0	1.0
42	82.50	82.10	Charles Jason Williams	21	NAS -- Kings Bay, GA	Junior [20 - 23]				170.0	-190.0	-225.0	170.0				170.0	114.2	1.0
43	82.50	82.50	Mosbah Alkinany	41	Bally's Gym -- Coral Gables, FL	Masters [40 - 49]				220.0	227.5	235.0	235.0				235.0	157.4	1.0
44	125.00	124.90	Chris Dixon	44	University Fitness -- Tamarac, FL	Masters [40 - 49]				230.0	-243.0	-243.0	230.0				230.0	131.1	1.0
45	82.50	82.30	William Sander	68	Just Lift Powerlifting Team, Maragte, FL	Masters [60 - 69]				95.0	102.5	105.0	105.0				105.0	70.4	1.0
46	67.50	64.30	Jeremy Seff	19	Florida Atlantic University -- Boca Raton, FL	Collegiate				142.5	147.5	150.0	150.0				150.0	120.4	1.0
47	67.50	64.30	Jeremy Seff	19	Florida Atlantic University -- Boca Raton, FL	Raw/Unequipped				142.5	147.5	150.0	150.0				150.0	120.4	1.0
48	110.00	109.70	Jim Dundon	45	Joe's Garage Gym -- Ft. Myers, FL	Raw/Unequipped				167.5	172.5	178.0	178.0				178.0	104.8	1.0
49			**Deadlift Only**																
50	110.00	108.40	Sal Alosi	33	New York Jets -- NYC, NY	Open								220.0	240.0	-260.0	240.0	141.9	1.0
51	110.00	102.10	Rocky Germaine	31	University Fitness -- Tamarac, FL	Open								205.0	227.5	-237.5	227.5	137.3	2.0
52	125.00	113.20	Bryan Dermody	31	New York Jets -- NYC, NY	Open								320.0	335.0	345.0	345.0	201.3	1.0
53	125.00	125.00	Jon Kennedy	36	Sunrise Fitness - Sunrise, FL	Open								182.5	210.0	-227.5	210.0	119.7	2.0
54	125.00	124.60	David Silverbloom	50	University Fitness -- Tamarac, FL	Masters [50 - 59]								282.5	-302.5	302.5	302.5	172.5	1.0
55			**Out**																
56	90.00		Mike Zourdes	24	FSU Powerlifting Club -- Tallahassee, FL	Open													
57	100.00		Mike Ritter	41	Gold's Gym -- Sunrise, FL	Masters [40 - 49]													
58	100.00		Jeff Gerardo	35	Fit Forever -- Bonita Springs, FL	Open													
60																			