27th USAPL Florida State Bench Press & Powerlifting Championships

Nova Southeastern University -- Davie, Florida

Sunday, March 01, 2009

							SQUAT			BENCHPRESS				DEADLIFT					
NR	WT.	BDW.	NAME	AGE	DIVISION	CLUB/SCHOOL	1.	2.	3.	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's	PL.
1			Women																
2	48.00	47.30	April Shumaker	43	Open	World Gym -- Pt. St. Lucie	122.5	-127.5	127.5	85.0	90.0	92.5	220.0	130.0	135.0	137.5	357.5	389.0	1.0
3	48.00	47.30	April Shumaker	43	Masters I [40+]	World Gym -- Pt. St. Lucie	122.5	-127.5	127.5	85.0	90.0	92.5	220.0	130.0	135.0	137.5	357.5	389.0	1.0
4	48.00	47.80	Joan Schmidt	68	Masters I [60+]	Commons Club -- Bonita Springs	25.0	-30.0	-30.0	30.0	-32.5	32.5	57.5	60.0	67.5	68.0	125.5	135.0	1.0
5	90.00+	123.70	Tammi Smith	40	Open	World Gym -- Pt. St. Lucie	180.0	-185.0	-185.0	102.5	105.0	107.5	287.5	160.0	165.0	167.5	455.0	259.9	1.0
6	90.00+	123.70	Tammi Smith	40	Masters I [40+]	World Gym -- Pt. St. Lucie	180.0	-185.0	-185.0	102.5	105.0	107.5	287.5	160.0	165.0	167.5	455.0	259.9	1.0
7			Men																
8	67.50	67.10	Luciano Torres	19	Collegiate	Florida Gulf Coast University	-182.5	182.5	-195.0	115.0	-120.0	-120.0	297.5	167.5	172.5	Pass	470.0	364.1	1.0
9	67.00	65.00	Young Jae Kim	18	Raw/Unequipped	Phoenix Gym -- Daytona	102.5	110.0	122.5	-87.5	92.5	-97.5	215.0	125.0	-147.5	-147.5	340.0	270.4	1.0
10	75.00	71.90	Sam Goldstein	15	Raw/Unequipped	Martin Memorial Fitness -- Stuart	-127.5	132.5	-137.5	-87.5	-90.0	-92.5							
11	82.50	80.90	Anthony Loreto	22	Junior	Just Lift Inc - Tamarac	165.0	180.0	190.0	110.0	117.5	120.0	310.0	215.0	242.5	257.5	567.5	384.7	1.0
12	82.50	80.30	Peter Ferrandi	20	Collegiate	Florida Atlantic University	-142.5	150.0	-160.0	110.0	115.0	-120.0	265.0	165.0	185.0	195.0	460.0	313.3	1.0
13	82.50	80.90	Anthony Loreto	22	Raw/Unequipped	Just Lift Inc - Tamarac	165.0	180.0	190.0	110.0	117.5	120.0	310.0	215.0	242.5	257.5	567.5	384.7	1.0
14	90.00	88.40	Ray Penland	57	Open	Just Lift Inc - Tamarac	-165.0	-175.0	175.0	-112.5	-112.5	112.5	287.5	165.0	190.0	-200.0	477.5	307.7	1.0
15	90.00	88.10	Tyler Esposito	19	Collegiate	Florida Gulf Coast University	192.5	205.0	215.0	-137.5	137.5	-145.0	352.5	205.0	215.0	Pass	567.5	366.3	1.0
16	90.00	88.20	Mike Krill	22	Collegiate	Florida Gulf Coast University	205.0	-215.0	-215.0	160.0	-167.5	-167.5	365.0	-202.5	202.5	Pass	567.5	366.1	2.0
17	90.00	86.00	Demetrius Callins	26	Collegiate	Florida Atlantic University	110.0	120.0	-132.5	82.5	95.0	-105.0	215.0	115.0	132.5	150.0	365.0	238.7	3.0
18	90.00	85.60	Gary Levenson	44	Masters I [40+]	FGCU Powerlifting	-142.5	142.5	147.5	107.5	-112.5	-112.5	255.0	165.0	177.5	182.5	437.5	286.9	1.0
19	90.00	88.40	Ray Penland	57	Masters II [50+]	Just Lift Inc - Tamarac	-165.0	-175.0	175.0	-112.5	-112.5	112.5	287.5	165.0	190.0	-200.0	477.5	307.7	1.0
20	90.00	90.00	Leon Bosmans	25	Raw/Unequipped	LA Fitness -- Orlando	165.0	-170.0	175.0	-125.0	125.0	127.5	302.5	210.0	215.0	222.5	525.0	335.2	1.0
21	90.00	85.60	Gary Levenson	44	Raw/Unequipped	FGCU Powerlifting	-142.5	142.5	147.5	107.5	-112.5	-112.5	255.0	165.0	177.5	182.5	437.5	286.9	2.0
22	90.00	88.40	Ray Penland	57	Police/Fire/Military	Just Lift Inc - Tamarac	-165.0	-175.0	175.0	-112.5	-112.5	112.5	287.5	165.0	190.0	-200.0	477.5	307.7	1.0
23	100.00	97.70	Matt Otero	29	Open	Gold's Gym -- Boyton Beach	260.0	-277.5	-282.5	180.0	-192.5	192.5	452.5	260.0	277.5	-280.0	730.0	448.5	1.0
24	100.00	98.00	Bradley Siegel	21	Collegiate	Florida Atlantic University	142.5	157.5	177.5	102.5	-110.0	-112.5	280.0	190.0	205.0	227.5	507.5	311.4	1.0
25	110.00	114.50	Keith Michels	21	Collegiate	Florida Gulf Coast University	195.0	-205.0	-205.0	165.0	-172.5	-172.5	360.0	205.0	-232.5	-232.5	565.0	328.7	1.0
26	110.00	117.60	Neil Cotton	19	Collegiate	Florida Atlantic University	-227.5	230.0	232.5	102.5	-165.0	-165.0	335.0	222.5	-240.0	-240.0	557.5	322.1	2.0
27	125.00	107.00	Nathan Gaide	28	Open	Any Time Fitness - Ft. Myers	-177.5	-187.5	-187.5	-135.0	135.0	-140.0		187.5	-197.5	-197.5			
28	125.00	124.10	Mike Allocco	30	Raw/Unequipped	Muscle Works Gym-- Bradenton	185.0	Pass	Pass	197.5	-220.5	-220.5	382.5	230.0	272.5	305.5	688.0	392.6	1.0
29	125.00	113.90	Damon Sansom	35	Police/Fire/Military	Beach Street Gym -- Daytona	170.0	187..5	-200.0	152.5	160.0	-170.0	330.0	195.0	210.0	Pass	540.0	314.6	1.0
30	125.00+	146.60	James Myers	42	Police/Fire/Military	Beach Street Gym -- Daytona	-227.5	242.5	262.5	182.5	192.5	-202.5	455.0	227.5	-255.0	-255.0	682.5	378.9	1.0
31																			
32			Out																
33	67.50		Stephenie Mayo	17	High School														
34	75.00		Edil DeLeon	41	Open														
35	82.50		Tony Nicolini	69	Masters III [60+]														
36	110.00		Juan Ocanos	22	Collegiate														
37																			
38																			
39																			
40																			

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NR	WT.	BDW.	NAME	AGE	DIVISION	CLUB/SCHOOL	1.	2.	3.	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's	PL.
1			**Men's Bench Press Only**																
2	60.00	60.00	Louis Joel Gutierrez	23	Raw/Unequipped	Florida International University				117.5	-122.5	122.5	122.5				122.5	104.5	1.0
3	60.00	60.00	Louis Joel Gutierrez	23	Collegiate	Florida International University				117.5	-122.5	122.5	122.5				122.5	104.5	1.0
4	67.50	63.40	Zach Burden	18	Teen III [18 - 19]	Sea Breeze HS -- Daytona				87.5	-97.5	97.5	97.5				97.5	79.2	1.0
5	75.00	74.30	Damian Fronzaglia	43	Open	Just Lift Inc -- Tamarac				200.0	-215.0	-215.0	200.0				200.0	143.5	1.0
6	75.00	70.10	Vincent Javier	17	Teen II [16 - 17]	Just Lift Inc -- Tamarac				90.0	97.5	-102.5	97.5				97.5	73.0	1.0
7	75.00	73.60	Zach Nicholas	20	Collegiate	Florida Atlantic University				-167.5	-167.5	-167.5							
8	82.50	80.90	Mosbeh Alkinany	40	Open	Gold's Gym -- Coral Gables				200.0	210.0	215.0	215.0				215.0	145.7	1.0
9	82.50	79.90	Armand Barreiro	17	Teen II [16 - 17]	Just Lift Inc -- Tamarac				107.5	112.5	117.5	117.5				117.5	80.3	1.0
10	82.50	80.90	Mosbeh Alkinany	40	Masters I [40+]	Gold's Gym -- Coral Gables				200.0	210.0	215.0	215.0				215.0	145.7	1.0
11	82.50	82.40	Bill Walde	41	Masters I [40+]	Just Lift Inc -- Tamarac				102.5	110.0	-117.5	110.0				110.0	73.7	2.0
12	90.00	89.30	Brian Burritt	41	Open	World Gym -- Pt. St. Lucie				-217.5	-217.5	-217.5							
13	90.00	89.80	Mike Carr	18	Teen III [18 - 19]	Palm Beach CC - W. Palm Beach				175.0	187.5	197.5	197.5				197.5	126.2	1.0
14	90.00	89.30	Brian Burritt	41	Masters I [40+]	World Gym -- Pt. St. Lucie				-217.5	-217.5	-217.5							
15	90.00	87.60	Burt Rosenfield	77	Masters IV [70+]	Muscle Works Gym -- Bradenton				-115.0	-115.0	117.5	117.5				117.5	76.1	1.0
16	110.00	108.70	Peter Maynard	40	Open	Gold's Gym -- Coral Gables				205.0	227.5	232.5	232.5				232.5	137.3	1.0
17	110.00	108.70	Peter Maynard	40	Masters I [40+]	Gold's Gym -- Coral Gables				205.0	227.5	232.5	232.5				232.5	137.3	1.0
18	110.00	105.50	Andrew Cohn	27	Special Olympian	Just Lift Inc -- Tamarac				72.5	80.0	-87.5	80.0				80.0	47.7	1.0
19	125.00	111.30	Chris Calvano	40	Open	CC Fitness -- St. Augustine				257.5	-272.5	-272.5	257.5				257.5	151.0	1.0
20	125.00	111.30	Chris Calvano	40	Masters I [40+]	CC Fitness -- St. Augustine				257.5	-272.5	-272.5	257.5				257.5	151.0	1.0
21	125.00	118.50	Mike Merry	44	Masters I [40+]	YMCA -- Davie				-155.0	-165.0	-165.0							
22	125.00	124.10	Mike Allocco	30	Raw/Unequipped	Muscle Works Gym-- Bradenton				197.5	-220.5	-220.5	197.5				197.5	112.7	1.0
23	125.00	113.90	Damon Sansom	35	Police/Fire/Military	Beach Street Gym -- Daytona				152.5	160.0	-170.0	160.0				160.0	93.2	1.0
24	125.00+	139.20	Nassar Hassan	20	Open	Gold's Gym -- Coral Gables				-225.0	-230.0	-245.0							
25	125.00+	139.20	Nassar Hassan	20	Junior [20-23]	Gold's Gym -- Coral Gables				-225.0	-230.0	-245.0							
26	125.00+	146.60	James Myers	42	Police/Fire/Military	Beach Street Gym -- Daytona				182.5	192.5	-202.5	192.5				192.5	106.9	1.0
27																			
28			**Men's Deadlift Only**																
29	100.00	94.60	Steven Maltais	22	Junior [20-23]	University Fitness -- Tamarac								142.5	155.0	172.5	172.5	107.5	1.0
30	125.00	119.10	Seth Fromberg	36	Open	University Fitness -- Tamarac								272.5	290.0	305.0	305.0	175.6	1.0
31	125.00	121.40	David Silverbloom	49	Masters I [40+]	University Fitness -- Tamarac								265.0	272.5	282.5	282.5	161.2	1.0
32	125.00	113.90	Damon Sansom	35	Police/Fire/Military	Beach Street Gym -- Daytona								195.0	210.0	Pass	210.0	122.3	1.0
33	125.00+	146.60	James Myers	42	Police/Fire/Military	Beach Street Gym -- Daytona								227.5	-255.0	-255.0	227.5	126.3	1.0
34	125.00+	146.60	James Myers	42	Police/Fire/Military	Beach Street Gym -- Daytona								227.5	-255.0	-255.0	227.5	126.3	1.0
35																			