



2004 USAPL Southeastern USA Regional Powerlifting Championships

Nova Southeastern University - Ft. Lauderdale, Florida (Results in Kgs)



Saturday, November 06, 2004

NR	CLASS	BDW.	NAME	DIV	STATE	SQUAT			BENCHPRESS			DEADLIFT			TOT.	Wlk's	PL.	4. SQ	4. BP	4.DL	
						1.	2.	3.	1.	2.	3.	SUB.	1.	2.							3.
Women																					
1	60.0	57.2	Diana King	MI (40-49)	North Carolina	82.5	-95.0	-95.0	82.5	45.0	-52.5	52.5	135.0	115.0	125.0	-142.5	260.0	300.5	1.0		
2	67.5	63.8	Joanna Wiersma	Collegiate	Florida	62.5	67.5	-72.5	67.5	40.0	42.5	47.5	115.0	100.0	-107.5	pass	215.0	173.7	1.0		
3	75.0	72.4	Candy Mette	MI (40-49)	Florida	77.5	105.0	110.0	110.0	60.0	67.5	70.0	180.0	92.5	117.5	125.0	305.0	296.3	1.0		
Men																					
1	52.0	51.4	Kris Scheppe	Collegiate	Florida	92.5	100.0	-107.5	100.0	65.0	70.0	75.0	175.0	-132.5	132.5	145.0	320.0	317.9	1.0		
2	67.5	66.6	Gary Ruiz	Junior	North Carolina	160.0	172.5	185.0	185.0	-95.0	95.0	105.0	290.0	172.5	190.0	-202.5	480.0	374.1	1.0		
3	82.5		Jason Falcone	Collegiate	Florida																
4	82.5	82.8	Mike Banach	Collegiate	Florida	-112.5	-117.5	127.5	127.5	112.5	120.0	127.5	255.0	112.5	127.5	137.5	392.5	262.4	1.0		
5	82.5	82.2	Paul Chang	Open	Florida	227.5	240.0	-250.0	240.0	142.5	147.5	152.5	392.5	227.5	262.5	272.5	665.0	446.5	1.0		
6	82.5	77.8	Mike Clark	MI (40-49)	Florida	115.0	-125.0	-125.0	115.0	80.0	90.0	95.0	210.0	115.0	127.5	142.5	352.5	245.0	1.0		
7	82.5	80.8	Pat Currey	MIII (60-69)	Florida	137.5	142.5	pass	142.5	120.0	137.5	142.5	285.0	160.0	170.0	180.0	465.0	315.5	1.0		
8	90.0	89.8	Chi Lui	Open	Florida	182.5	207.5	225.0	225.0	147.5	170.0	-180.0	395.0	165.0	190.0	222.5	617.5	394.6	1.0		
9	90.0	88.4	Jared Wilsey	Open	Florida	215.0	225.0	230.0	230.0	150.0	-160.0	-160.0	380.0	220.0	230.0	-240.0	610.0	393.1	2.0		
10	90.0	88.0	Mike Brown	Open	Florida	127.5	-150.0	-150.0	127.5	127.5	147.5	-150.0	275.0	190.0	-210.0	210.0	485.0	313.3	3.0		
11	90.0	86.4	Tim O'Malie	MI (40-49)	Florida	197.5	212.5	-220.0	212.5	120.0	145.0	-152.5	357.5	175.0	192.5	200.0	557.5	363.7	1.0		
12	90.0	88.0	Mike Brown	MI (40-49)	Florida	127.5	-150.0	-150.0	127.5	127.5	147.5	-150.0	215.0	190.0	-210.0	210.0	425.0	274.5	2.0		
13	90.0	89.2	Terry Mason	MII (50-59)	Florida	142.5	152.5	160.0	160.0	100.0	115.0	120.0	280.0	115.0	127.5	147.5	427.5	274.2	1.0		
14	100.0		Brock Markham	Collegiate	Florida																
15	100.0	99.2	Grant McCaulley	Jr (20-23)	Florida	230.0	250.0	-260.0	250.0	142.5	-155.0	-155.0	392.5	227.5	-240.0	-240.0	620.0	378.6	1.0		
16	100.0	91.0	Kelvin Robinson	Open	Florida	207.5	227.5	250.0	250.0	152.5	172.5	-180.0	422.5	207.5	227.5	250.0	672.5	427.0	1.0		
17	100.0	93.4	Matt Britt	Open	Florida	122.5	140.0	-155.0	140.0	82.5	97.5	105.0	245.0	125.0	140.0	155.0	400.0	250.8	2.0		
18	100.0		Nathan Russell	Open	Bahamas																
19	110.0		Nashton Russell	TI (14-15)	Bahamas																
20	110.0	102.6	David Beers	TIIII (18-19)	Florida	205.0	220.0	235.0	235.0	125.0	135.0	142.5	377.5	235.0	250.0	-272.5	627.5	378.1	1.0		
21	110.0	105.0	Jerry Scott	TIIII (18-19)	Florida	137.5	145.0	-155.0	145.0	120.0	127.5	137.5	282.5	137.5	145.0	160.0	442.5	264.3	2.0		
22	110.0	104.4	Ken Middler	Open	Florida	227.5	250.0	255.0	255.0	170.0	182.5	185.0	440.0	200.0	215.0	-230.0	655.0	392.1	1.0		
23	110.0	101.6	Mark Lowe	Open	North Carolina	215.0	230.0	-242.5	230.0	157.5	-170.0	-170.0	387.5	215.0	-237.5	-252.5	602.5	364.3	2.0		
24	110.0	108.5	Arnold Arrington	MIII (60-69)	North Carolina	202.5	225.0	-240.0	225.0	125.0	135.0	145.0	370.0	192.5	220.0	232.5	602.5	356.0	1.0		
25	125.0	113.8	Jim Dundon	Open	Florida	65.0	pass	pass	65.0	190.0	197.5	-205.0	262.5	240.0	255.0	-272.5	517.5	301.5	1.0		
26	125.0	117.8	David Silverbloom	MI (40-49)	Florida	265.0	-287.5	287.5	287.5	142.5	160.0	165.0	452.5	-265.0	277.5	-300.0	730.0	421.5	1.0		
27	125+	130.6	Andrew Snider	Open	Oregon	267.5	285.0	-305.0	285.0	215.0	-227.5	-227.5	512.5	265.0	272.5	-285.0	785.0	443.6	1.0		
28	125+	125.8	Shawn Knowles	Open	Florida	-272.5	272.5	-295.0	272.5	182.5	205.0	-225.0	477.5	227.5	pass	pass	705.0	406.8	2.0		
29	125+	127.6	Marlon Nelson	Open	Florida	25.0	pass	pass	25.0	25.0	pass	pass	50.0	30.0	pass	pass	80.0	45.4	3.0		

HEADREFEREE
NAME:

LEFT-REFEREE
NAME:

RIGHT-REFEREE
NAME: