

2013 USAPL Central Florida Open Powerlifting Championships																				
Powerlifting Results Name	ST	Div	Wt	Wt. Class	Age	SQ1	SQ2	SQ3	Best SQ	BP1	BP2	BP3	BestBP	SUB	DL1	DL2	DL3	Best DL	(1) PL Total	
WOMEN																				
Lisa Guggisberg	FL	F-OR	50	52	32	-92.5	92.5	95	95	50	-52.5	-52.5	50	145	118	125	127.5	127.5	272.5	1-F-OR-52-PL
Juanita Najera	NM	F-OR	53.3	56	32	65	70	-99	70	57.5	67.5	75	75	145	110	0	0	110	255	1-F-OR-56-PL
Ashley Szczepaniec	VA	F-OR	80.8	82.5	28	25	0	0	25	25	0	0	25	50	65	0	0	65	115	1-F-OR-82.5-PL
Melissa D'Errico	FL	F-OR	121	90+	32	103	108	-113	107.5	97.5	-105	-105	97.5	205	103	115	125	125	330	1-F-OR-90+PL
Kaylee Findley	FL	F-T2R	110	90+	16	-118	118	125	125	65	75	77.5	77.5	203	-118	128	142.5	142.5	345	1-F-T2-90+PL
Eleanor Dekle	GA	F-JRR	55.3	56	23	-75	-75	75	75	52.5	-56	-56	52.5	128	100	108	112.5	112.5	240	1-F-JR-56-PL
Sue Elwyn	FL	F-M3R	48.7	52	65	25	0	0	25	25	40	-45	40	65	65	85	92.5	92.5	157.5	1-F-M3R-52-PL
Kimberly Eastin	FL	F-M1	112	90+	43	-125	-125	125	125	-1110	110	-112.5	110	110	-150	150	0	150	385	1-F-M1-90+PL
MEN																				
Mitchell Block	FL	M-O	89	90	39	-205	0	0	0	-160	-160	0	0	0	-228	0	0	0	0	
James McMurray	FL	M-O	115	125	24	193	205	213	212.5	-163	-175	-175	0	0	255	265	277.5	277.5	0	
Philip Jimenez	FL	M-O	136	125+	27	210	228	250	250	160	182.5	-190	182.5	433	228	250	260	260	692.5	1-M-O-125+PL
Mitchell Block	FL	M-OR	89	90	39	-205	0	0	0	-160	-160	0	0	0	-228	0	0	0	0	
Abe Nassar	FL	M-OR	94.2	100	19	210	228	238	237.5	140	150	155	155	393	218	238	255	255	647.5	1-M-OR-100-PL
Michael Hutter	FL	M-OR	99	100	30	190	203	208	207.5	150	155	-157.5	155	363	253	263	275	275	637.5	2-M-OR-100-PL
Jorge Alvarez	FL	M-OR	107	110	28	170	178	185	185	125	137.5	-142.5	137.5	323	225	245	255	255	577.5	1-M-OR-110-PL
Jennings Hester	FL	M-OR	107	110	24	175	0	0	175	127.5	-140	-140	127.5	303	-228	233	-250	232.5	535	2-M-OR-110-PL
Allen Lamar Gibson, Jr.	FL	M-OR	109	110	27	-220	-220	220	220	-188	-187.5	-187.5	0	0	0	0	0	0	0	
Dominic Sirianni	FL	M-OR	132	125+	35	238	250	268	267.5	165	172.5	-175	172.5	440	255	273	282.5	282.5	722.5	1-M-OR-125+PL
Terry Smith	AL	M-OR	141	125+	42	250	265	-275	265	160	-172.5	0	160	425	263	280	-295	280	705	2-M-OR-125+PL
Andrew Sellers	GA	M-OR	135	125+	19	198	215	223	222.5	155	165	170	170	393	248	268	272.5	272.5	665	3-M-OR-125+PL
Chris Fowler	FL	M-OR	130	125+	35	128	133	140	140	-115	117.5	120	120	260	153	160	170	170	430	4-M-OR-125+PL
Alex Sikora	FL	M-YR	58	60	13	60	67.5	72.5	72.5	35	37.5	-40	37.5	110	82.5	90	97.5	97.5	207.5	1-M-YR-60-PL
Timmy Gowen, Jr.	FL	M-T2R	62.3	67.5	17	118	123	-130	122.5	85	-87.5	87.5	87.5	210	163	168	170	170	380	1-M-T2R-67.5-PL
Gage Bush	GA	M-T2R	82.4	82.5	17	160	173	-175	172.5	132.5	140	142.5	142.5	315	205	218	-227.5	217.5	532.5	1-M-T2R-82.5-PL
Charles Scarborough	GA	M-T2R	89.6	90	17	173	180	188	187.5	115	122.5	-125	122.5	310	205	-218	-217.5	205	515	1-M-T2R-90-PL
Abe Nassar	FL	M-T3R	94.2	100	19	210	228	238	237.5	140	150	155	155	393	218	238	255	255	647.5	1-M-T3R-100-PL
Andrew Sellers	GA	M-T3R	135	125+	19	198	215	223	222.5	155	165	170	170	393	248	268	272.5	272.5	665	1-M-T3R-125+PL
Jordyn Teets	FL	M-J	75	75	20	-178	-178	178	177.5	105	110	-115	110	288	178	188	200	200	487.5	1-M-J-75-PL
Curtis Gaines	FL	M-J	81.6	82.5	21	228	233	-235	232.5	137.5	145	160	160	393	215	220	-225	220	612.5	1-M-J-82.5-PL
Chris Meyers	FL	M-J	97.1	100	23	195	210	220	220	137.5	-147.5	147.5	147.5	368	213	230	240	240	607.5	1-M-J-100-PL
Tim Gowens	FL	M-M1R	91.1	100	45	-133	-133	133	132.5	102.5	107.5	110	110	243	165	170	-180	170	412.5	1-M-M1R-100-PL
Terry Smith	AL	M-M1R	141	125+	42	250	265	-275	265	160	-172.5	0	160	425	263	280	-295	280	705	1-M-M1R-125+PL
Tom Gerhard	FL	M-M2R	85.9	90	53	110	118	123	122.5	92.5	105	110	110	233	130	148	155	155	387.5	1-M-M2R-90-PL
James Wildman	FL	M-M2R	114	125	53	165	175	183	182.5	142.5	150	155	155	338	175	185	195	195	532.5	1-M-M2R-125-PL
Jim Cooper	AL	M-M2R	140	125+	54	173	193	198	197.5	165	177.5	-182.5	177.5	375	210	223	230	230	605	1-M-M2R-125+PL
Marvin Wheeler	FL	M-M4R	80.6	82.5	50	118	125	-133	125	82.5	-87.5	-87.5	82.5	208	133	140	147.5	147.5	355	1-M-M4R-82.5-PL
L.D. "Nick" Shriner	FL	M-M4R	79.5	82.5	70	82.5	-92.5	-100	82.5	-85	-85	0	0	67.5	92.5	135	135	135	0	
Brian Kimrey	FL	M-CR	81.9	82.5	22	155	168	183	182.5	110	-122.5	-122.5	110	293	-205	218	-240	217.5	510	1-M-CR-82.5-PL
Mitchell Block	FL	M-P/F	89	90	39	-205	0	0	0	-160	-160	0	0	0	-228	0	0	0	0	

Push Pull Results Name																				(1) PP Total	
WOMEN																					
Wendy Russo-Otto	FL	F-M2R	51.3	52	50	0	0	0	0	42.5	-50	50	50	50	65	67.5	72.5	72.5	122.5	1-F-M2R-52-PP	
Laura Jones	FL	F-M1R	71.7	75	41	0	0	0	0	42.5	50	-52.5	50	50	95	105	117.5	117.5	167.5	1-F-M1R-75-PP	
Kimberly Eastin	FL	F-M1	112	90+	43	0	0	0	0	-110	110	-112.5	110	110	-150	150	0	150	260	1-F-M1-90+-PP	
MEN																					
Jordy Mendoza	FL	M-JR	57.4	60	20	0	0	0	0	82.5	-87.5	87.5	87.5	87.5	110	115	122.5	122.5	210	1-M-JR-60-PP	
Chris Meyers	FL	M-J	97.1	100	23	0	0	0	0	137.5	-147.5	147.5	147.5	368	213	230	240	240	387.5	1-M-J-100-PP	
Jason Holloway	GA	M-M1R	80.4	82.5	40	0	0	0	0	112.5	120	-122.5	120	120	-173	185	-195	185	305	1-M-M1R-82.5-PP	
Bill Bradford, Jr.	FL	M-M2	134	125+	54	0	0	0	0	-128	130	-132.5	130	130	155	165	-172.5	165	295	1-M-M2-125+-PP	
Bench Press Results Name																					
WOMEN																					
Kimberly Eastin	FL	F-M1	112	90+	43	0	0	0	0	-110	110	-112.5	110	110	0	0	0	0	110	1-F-M1-90+-BP	
MEN																					
Ryan Ingram	NC	M-OR	107	110	22	0	0	0	0	175	185	190	190	190	0	0	0	0	190	1-M-OR-110-BP	
Jim Campbell	FL	M-OR	107	110	46	0	0	0	0	147.5	152.5	-157.5	152.5	153	0	0	0	0	152.5	2-M-OR-110-BP	
Chris Fountas	FL	M-M1R	66.7	67.5	48	0	0	0	0	-120	120	-125.5	120	120	0	0	0	0	120	1-M-M1R-67.5-BP	
Jim Campbell	FL	M-M1R	107	110	46	0	0	0	0	147.5	152.5	-157.5	152.5	153	0	0	0	0	152.5	1-M-M1R-110-BP	
Segismundo Pares	FL	M-M2	116	125	55	0	0	0	0	-245	-245	245	245	245	0	0	0	0	245	1-M-M2-125-BP	
Skip Regan	FL	M-M2	126	125+	61	0	0	0	0	-220	220	-225	220	220	0	0	0	0	220	1-M-M2-125+-BP	
William "Doc" Bauer	FL	M-M4R	74	75	72	0	0	0	0	67.5	72.5	75	75	75	0	0	0	0	75	1-M-M4R-75-BP	
Bob Jardine	FL	M-M4R	87.7	90	73	0	0	0	0	50	60	-85	60	60	0	0	0	0	60	1-M-M4R-90-BP	
Richard Hsu	NY	M-T3R	65.6	67.5	19	0	0	0	0	102.5	112.5	-125	112.5	113	0	0	0	0	112.5	1-M-T3R-67.5-BP	
Ryan Ingram	NC	M-JR	107	110	22	0	0	0	0	175	185	190	190	190	0	0	0	0	190	1-M-JR-110-BP	
Ramon Suarez	FL	M-C	141	125+	24	0	0	0	0	125	137.5	-145	137.5	138	0	0	0	0	137.5	1-M-CR-125+-BP	
Richard Hsu	NY	M-CR	65.6	67.5	19	0	0	0	0	102.5	112.5	-125	112.5	113	0	0	0	0	112.5	1-M-CR-67.5-BP	
William "Doc" Bauer	FL	M-MILR	74	75	72	0	0	0	0	67.5	72.5	75	75	75	0	0	0	0	75	1-M-MILR-75-BP	
Deadlift Results Name																					
WOMEN																					
Kimberly Eastin	FL	F-M1	112	90+	43	0	0	0	0	0	0	0	0	0	-150	150	0	150	150	1-F-M1-90+-DL	
MEN																					
Christopher Rosario	FL	M-J	74.7	75	23	0	0	0	0	0	0	0	0	0	-205	-205	205	205	205	1-M-J-75-DL	

