



28th USAPL Florida State Powerlifting Championships



Don Taft University Center Arena -- Nova Southeastern University

Saturday, February 20, 2010

NR	WT	BDW.	NAME	AGE	CLUB / CITY	DIVISION	SQUAT			BENCHPRESS			DEADLIFT			TOT.	Wilk's	PL.	
							1.	2.	3.	1.	2.	3.	SUB.	1.	2.				3.
1			Powerlifting																
2	110.00	104.30	Raymond Busbee	15	Sun Lake HS / Land-O-Lakes	Teen [14 - 15]	132.5	142.5	155.0	105.0	112.5	117.5	272.5	160.0	167.5	182.5	455.0	272.5	1.0
3	125.00+	137.30	Nate McCooole	15	Sun Lake HS / Land-O-Lakes	Teen [14 - 15]	-125.0	-125.0	125.0	-160.0	160.0	-165.0	285.0	207.5	217.5	227.5	512.5	287.3	1.0
4	56.00	55.50	Dean Bui	16	Sun Lake HS / Land-O-Lakes	Teen [16 - 17]	-102.5	-102.5	102.5	70.0	75.0	-80.0	177.5	110.0	117.5	122.5	300.0	275.5	1.0
5	75.00	70.60	Kyle Fraser	16	Sun Lake HS / Land-O-Lakes	Teen [16 - 17]	125.0	132.5	142.5	107.5	-112.5	112.5	255.0	127.5	142.5	152..5	397.5	295.9	1.0
6	75.00	72.90	Joseph Johnson	16	Killian Sr. High School - Miami	Teen [16 - 17]	-145.0	-145.0	-145.0	-102.5	-102.5	-102.5		-170.0	170.0	185.0			
7	82.50	82.10	Michael Johnson	17	Plant High School -- Tampa	Teen [16 - 17]	-182.5	-182.5	-182.5	125.0	130.0	-137.5		170.0	175.0	182.5			
8	67.50	67.10	Michael Lattanzio	19	Palm Beach CC - Lakeworth	Teen [18 - 19]	110.0	112.5	-115.0	120.0	122.5	-125.0	235.0	150.0	157.5	165.0	400.0	309.9	1.0
9	F 82.5	80.50	Hannah Crowe	20	State College of Florida	Junior [20 - 23]	105.0	112.5	117.5	60.0	-67.5	67.5	185.0	110.0	122.5	125.0	310.0	282.7	1.0
10	90.00	89.10	Chad Endres	20	Wellington HS -- Wellington	Junior [20 - 23]	-175.0	175.0	-182.5	135.0	-140.0	-140.0	310.0	205.0	210.0	227.5	537.5	344.9	1.0
11	110.00	100.80	Hector Hernandez	20	State College of Florida	Junior [20 - 23]	187.5	195.0	212.5	102.5	110.0	-115.0	322.5	200.0	220.0	-227.5	542.5	329.7	1.0
12	F 48.00	47.90	Rossana Rojas	21	Florida Gulf Coast University	Collegiate	-75.0	75.0	77.5	30.0	-32.5	32.5	110.0	67.5	75.0	-85.0	185.0	245.4	1.0
13	F 60.00	58.70	Laura Godlewski	21	Florida Gulf Coast University	Collegiate	70.0	-75.0	75.0	35.0	40.0	-42.5	115.0	85.0	95.0	97.5	212.5	241.0	1.0
14	F 60.00	58.30	Kristen Curtis	22	Florida Gulf Coast University	Collegiate	-70.0	-70.0	-70.0	35.0	37.5	-40.0		85.0	90.0	95.0			
15	F 82.5	80.50	Hannah Crowe	20	State College of Florida	Collegiate	105.0	112.5	117.5	60.0	-67.5	67.5	185.0	110.0	122.5	125.0	310.0	282.7	1.0
16	60.00	59.60	Wilmer Serrano	20	Everest University	Collegiate	150.0	155.0	-160.0	130.0	-137.5	-140.0	285.0	165.0	177.5	182.5	467.5	401.2	1.0
17	67.50	61.20	Derek Morais	20	Wake Forest University	Collegiate	-170.0	-175.0	-175.0										
18	67.50	67.00	Jared Hazel	21	Florida Atlantic University	Collegiate	105.0	120.0	-135.0	-85.0	90.0	102.5	222.5	197.5	217.5	-227.5	440.0	341.3	1.0
19	82.50	77.90	Scott Shill	22	Florida Atlantic University	Collegiate	-100.0	100.0	112.5	100.0	110.0	122.5	235.0	145.0	155.0	172.5	407.5	283.0	1.0
20	82.50	81.30	Ben Lombardino	20	Florida Atlantic University	Collegiate	95.0	100.0	110.0	90.0	97.5	-102.5	207.5	125.0	142.5	155.0	362.5	245.0	2.0
21	90.00	84.70	Zachary Nicholas	21	Florida Atlantic University	Collegiate	190.0	207.5	-222.5	140.0	-155.0	-155.0	347.5	200.0	227.5	242.5	590.0	389.2	1.0
22	90.00	89.50	Andy Loiacano	19	Florida Gulf Coast University	Collegiate	-205.0	205.0	215.0	-120.0	120.0	-125.0	335.0	185.0	-232.5	-232.5	520.0	332.9	2.0
23	100.00	95.90	John Utz	22	Florida Gulf Coast University	Collegiate	-215.0	215.0	227.5	130.0	-137.5	-137.5	357.5	205.0	222.5	225.0	582.5	360.8	1.0
24	110.00	105.00	Vito Roppo	20	Florida Gulf Coast University	Collegiate	-192.5	192.5	205.0	147.5	160.0	175.0	380.0	210.0	Pass	Pass	590.0	352.6	1.0
25	110.00	100.80	Hector Hernandez	20	State College of Florida	Collegiate	187.5	195.0	212.5	102.5	110.0	-115.0	322.5	200.0	220.0	-227.5	542.5	329.7	2.0
26	125.00+	157.20	Marques Hammer	32	Florida Gulf Coast University	Collegiate	192.5	205.0	215.0	-147.5	147.5	-160.0	362.5	182.5	-205.0	-205.0	545.0	299.5	1.0
27	F 48.00	47.50	April Shumaker	40	World Gym - Port St. Lucie	Open	120.0	127.5	132.5	92.5	98.0	100.0	232.5	132.5	140.0	145.0	377.5	503.1	1.0
28	F 52.00	50.80	Maura Shuttleworth	33	The Press Gym -- Minnesota	Open	110.0	117.5	122.5	80.0	-87.5	-87.5	202.5	102.5	112.5	120.0	322.5	409.3	1.0
29	F 90.00+	125.40	Nancy Edelson	49	Sports Century 74 -- Largo	Open	-100.0	-100.0	100.0	47.5	52.5	57.5	157.5	170.0	182.5	Pass	340.0	269.8	1.0
30	75.00	73.10	Andres Parra	23	LA Fitness - Coral Springs	Open	85.0	102.5	125.0	102.5	-115.0	117.5	242.5	165.0	180.0	190.0	432.5	313.8	1.0
31	82.50	80.50	John Crowell	39	Physique Unlimited - Pompano Beach	Open	-160.0	160.0	172.5	-130.0	-130.0	-130.0		182.5	205.0	227.5			
32	100.00	98.10	Matt Otero	30	Just Lift Inc -- Tamarac	Open	265.0	282.5	295.0	192.5	205.0	210.0	505.0	265.0	285.0	295.0	800.0	490.7	1.0
33	125.00	122.60	Jon Kennedy	36	Sunrise Fitness Center - Sunrise	Open	182.5	-227.5	-227.5	142.5	160.0	-182.5	342.5	182.5	200.0	-227.5	542.5	310.4	1.0
34	125.00+	125.90	Bill Campbell	52	NAS -- Kings Bay, Georgia	Open	-220.0	-220.0	220.0	227.5	250.0	-265.0	470.0	210.0	227.5	235.0	705.0	401.1	1.0
35	F 48.00	47.50	April Shumaker	40	World Gym - Port St. Lucie	Master [40 - 49]	120.0	127.5	132.5	92.5	98.0	100.0	232.5	132.5	140.0	145.0	377.5	503.1	1.0
36	F 90.00+	125.40	Nancy Edelson	49	Sports Century 74 -- Largo	Master [40 - 49]	-100.0	-100.0	100.0	47.5	52.5	57.5	157.5	170.0	182.5	Pass	340.0	269.8	1.0
37	100.00	94.80	Jim Bragg	49	Sun Lake HS / Land-O-Lakes	Master [40 - 49]	150.0	160.0	175.0	142.5	-147.5	-147.5	317.5	175.0	182.5	190.0	507.5	316.0	1.0
38	125.00	118.70	Joe Hernandez	41	Fit Forever -- Bonita Springs	Master [40 - 49]	-137.5	137.5	150.0	110.0	117.5	120.0	270.0	170.0	180.0	195.0	465.0	268.0	1.0
39	90.00	89.70	Ray Penland	57	Just Lift Inc -- Tamarac	Master [50 - 59]	160.0	172.5	-182.5	110.0	-117.5	117.5	290.0	192.5	200.0	Pass	490.0	313.4	1.0
40	125.00	111.10	Segismundo Pares	52	YMCA -- Ocala	Master [50 - 59]	245.0	255.0	272.5	-227.5	227.5	-240.0	500.0	272.5	285.0	300.0	800.0	469.4	1.0
41	125.00+	125.90	Bill Campbell	52	NAS -- Kings Bay, Georgia	Master [50 - 59]	-220.0	-220.0	220.0	227.5	250.0	-265.0	470.0	210.0	227.5	235.0	705.0	401.1	1.0
42	82.50	77.90	Gonzolo Gonzales	70	YMCA -- Weston	Master [70 - 79]	-80.0	-85.0	-85.0	45.0	55.0	-60.0		80.0	90.0	100.0			
43	82.50	78.50	Michael Paugh	70	Fitness on the Cape -- Cape Coral	Master [70 - 79]	85.0	-92.5	92.5	50.0	52.5	-55.0	145.0	140.0	150.0	160.0	305.0	210.8	1.0
44	F 82.5	80.50	Hannah Crowe	20	State College of Florida	Raw/Unequipped	105.0	112.5	117.5	60.0	-67.5	67.5	185.0	110.0	122.5	125.0	310.0	282.7	1.0
45	67.50	67.10	Michael Lattanzio	19	Palm Beach CC - Lakeworth	Raw/Unequipped	110.0	112.5	-115.0	120.0	122.5	-125.0	235.0	150.0	157.5	165.0	400.0	309.9	1.0
46	75.00	73.10	Andres Parra	23	LA Fitness - Coral Springs	Raw/Unequipped	85.0	102.5	125.0	102.5	-115.0	117.5	242.5	165.0	180.0	190.0	432.5	313.8	1.0
47	82.50	81.50	Gary Gibson	33	Orlando Barbell - Orlando	Raw/Unequipped	170.0	185.0	190.0	90.0	100.0	105.0	295.0	210.0	227.5	230.0	525.0	354.3	1.0
48	90.00	84.30	Demetrius Callins	27	Florida Atlantic University	Raw/Unequipped	107.5	115.0	122.5	82.5	92.5	-107.5	215.0	115.0	130.0	152.5	367.5	243.1	1.0
49	110.00	102.60	Peter Callovi	24	Ultimate Fitness -- Wellington	Raw/Unequipped	200.0	212.5	227.5	152.5	-167.5	167.5	395.0	222.5	237.5	250.0	645.0	388.7	1.0
50	110.00	100.80	Hector Hernandez	20	State College of Florida	Raw/Unequipped	187.5	195.0	212.5	102.5	110.0	-115.0	322.5	200.0	220.0	-227.5	542.5	329.7	2.0
51	125.00	123.30	Kenneth Morris	24	LA Fitness - Coral Springs	Raw/Unequipped	232.5	250.0	260.0	180.0	187.5	-192.5	447.5	252.5	275.0	292.5	740.0	422.9	1.0

