USAPL Europa Show of Champions Bench Press & Powerlifting Championships

Orange County Convention Center -- Orlando, Florida

Saturday, April 18, 2009

							SQUAT			BENCHPRESS				DEADLIFT					
NR	WT.	BDW.	NAME	AGE	DIVISION	CLUB/SCHOOL	1.	2.	3.	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's	PL.
1			**Women**																
2	48.00	47.50	April Shumaker	43	Open	World Gym -- Port St. Lucie	112.5	122.5	-125.0	-95.0	95.0	-98.0	217.5	130.0	140.0	145.0	362.5	483.8	1.0
3	48.00	47.50	April Shumaker	43	Masters 40+	World Gym -- Port St. Lucie	112.5	122.5	-125.0	-95.0	95.0	-98.0	217.5	130.0	140.0	145.0	362.5	483.8	1.0
4	60.00	60.00	Rhonda Leavitt	51	Open	New Lebanon Fitness -- NY	-82.5	82.5	92.5	75.0	-77.5	77.5	170.0	92.5	97.5	102.5	272.5	303.8	1.0
5	60.00	60.00	Rhonda Leavitt	51	Masters 50+	New Lebanon Fitness -- NY	-82.5	82.5	92.5	75.0	-77.5	77.5	170.0	92.5	97.5	102.5	272.5	303.8	1.0
6	67.50	63.10	Cathy Cox	33	Open	YMCA -- Boyton Beach	30.0	35.0	40.0	37.5	42.5	-50.0	82.5	95.0	105.0	115.0	197.5	211.9	1.0
7	67.50	65.40	Stephanie Mayo	17	High School Varsity	Alta High School -- Alta	92.5	97.5	-105.0	-60.0	60.0	-62.5	157.5	110.0	112.5	117.5	275.0	287.2	1.0
8	67.50	65.40	Stephanie Mayo	17	Teen II [16-17]	Alta High School -- Alta	92.5	97.5	-105.0	-60.0	60.0	-62.5	157.5	110.0	112.5	117.5	275.0	287.2	1.0
9	82.50	80.10	Taylar Stallings	23	Open	Pit Bull Gym -- Tampa	182.5	-197.5	-197.5	110.0	-120.0	-120.0	292.5	-205.0	-227.5	-227.5			
10	90.00+	127.80	Tammi Smith	40	Open	World Gym -- Port St. Lucie	165.0	-172.5	172.5	107.5	-112.5	112.5	285.0	152.5	160.0	170.0	455.0	359.8	1.0
11	90.00+	104.80	Kimberly Easton	38	Open	Club Boom -- Daytona Beach	-82.5	-82.5	82.5	52.5	-57.5	-60.0	135.0	110.0	115.0	120.0	255.0	209.6	2.0
12	90.00+	127.80	Tammi Smith	40	Masters 40+	World Gym -- Port St. Lucie	165.0	-172.5	172.5	107.5	-112.5	112.5	285.0	152.5	160.0	170.0	455.0	359.8	1.0
13	90.00+	104.80	Kimberly Easton	38	Police/Fire/Military	Club Boom -- Daytona Beach	-82.5	-82.5	82.5	52.5	-57.5	-60.0	135.0	110.0	115.0	120.0	255.0	209.6	1.0
14																			
15			**Men**																
16	52.00	44.10	Joel Bell	14	Teen [14-15]	On The Go Fitness -- Tampa	47.5	-65.0	65.0	25.0	37.5	-40.0	102.5	75.0	92.5	-102.5	195.0	230.4	1.0
17	60.00	59.70	Hennis Washington	38	Open	Pit Bull Gym -- Tampa	230.0	250.0	257.5	140.0	150.0	Pass	407.5	220.0	240.0	-250.0	647.5	554.8	1.0
18	60.00	59.20	Stephen Soukup	47	Masters 40+	Willie's Powerhouse -- Merritt Island	112.5	-125.0	125.0	80.0	-85.0	-85.0	205.0	125.0	137.5	-142.5	342.5	295.7	1.0
19	60.00	58.80	Steve Smith	75	Masters 70+	YMCA -- Oviedo	50.0	55.0	60.0	72.5	75.0	-77.5	135.0	110.0	115.0	120.0	255.0	221.6	1.0
20	67.50	65.30	Joseph Meyerhoffer	21	Junior [20-23]	Platinum Gym -- Sanford	-170.0	170.0	-190.0	125.0	-142.5	142.5	312.5	185.0	190.0	-207.5	502.5	398.1	1.0
21	67.50	67.50	Duane Garber	19	Special Olympian	Special Olympics -- Lakeland	Pass	Pass	Pass	57.5	60.0	62.5	62.5	102.5	110.0	117.5	180.0	138.8	1.0
22	75.00	74.70	Edil Deleon	41	Open	FIU -- Miami	200.0	215.0	-222.5	-130.0	-140.0	140.0	355.0	235.0	250.0	-265.0	605.0	432.3	1.0
23	82.50	81.10	John Edwards	14	Teen [14-15]	Fitness On the Go -- Tampa	82.5	92.5	97.5	60.0	-65.0	-65.0	157.5	92.5	-132.5	-132.5	250.0	169.2	1.0
24	90.00	87.50	Chris Rousch	32	Open	Lifestyles Fitness -- Winter Garden	-175.0	-175.0	-175.0	137.5	-145.0	-145.0		187.5	195.0	202.5			
25	90.00	85.30	Darian Barnett	15	Teen [14-15]	Evolved Athletics -- Ft. Myers	175.0	187.5	192.5	110.0	115.0	-120.0	307.5	200.0	202.5	205.0	512.5	336.7	1.0
26	100.00	90.20	Kenneth Mitchell	46	Masters 40+	Body Factory -- Ocala	-240.0	-250.0	250.0	-150.0	-150.0	-160.0		-262.5	-262.5	-262.5			
27	100.00	97.40	Matt Otero	29	Open	Just Lift Fitness -- Margate	260.0	275.0	285.0	175.0	187.5	-192.5	472.5	260.0	277.5	287.5	760.0	467.6	1.0
28	100.00	91.20	Ronnie Getz	36	Open	Sun Bathe Fitness -- Melbourne	-227.5	-227.5	-240.0	125.0	-160.0	-167.5		205.0	227.5	247.5	247.5	157.0	
29	100.00	93.90	Edward Lundy	56	Masters 50+	NAS -- Jacksonville	-102.5	102.5	-142.5	-105.0	105.0	-107.5	207.5	160.0	165.0	182.5	390.0	243.9	1.0
30	110.00	100.40	Caleb Walker	23	Police/Fire/Miltary	NAS -- Jacksonville	-227.5	237.5	-245.0	-182.5	-182.5	-182.5		-227.5	-227.5	-227.5			
31	125.00	116.10	Damon Sansom	35	Police/Fire/Miltary	Beach Street Gym -- Daytona Beach	-177.5	177.5	192.5	155.0	167.5	-182.5	360.0	190.0	210.0	-227.5	570.0	330.4	1.0
32	125.00+	151.60	James Myers	42	Open	Beach Street Gym -- Daytona Beach	235.0	250.0	265.0	182.5	190.0	-197.5	455.0	227.5	245.0	-262.5	700.0	386.8	1.0
33																			
34			**Out**																
35	75.00		Jordan Burke	20	Collegiate														
36	100.00		Bill Beekley	49	Masters 40+														
37	100.00		Darryl Meloche	65	Masters 60+														
38	125.00		Tom Harrier	53	Masters 50+														
39	125.00+		Beau Moore	43	Open														
40	125.00+		Beau Moore	43	Masters 40+														