



6th USAPL Florida State Bench Press/Deadlift Championships
4th USAPL Florida State High School Powerlifting Championships
Saturday, April 26, 2008 - Nova Southeastern University



NR	WT.	BDW.	NAME	AGE	DIVISION	CLUB/SCHOOL	SQUAT			BENCHPRESS			DEADLIFT			TOT.	Wilk's	PL.	Coef.	
							1.	2.	3.	1.	2.	3.	SUB.	1.	2.					3.
1			Florida Bench Press/Deadlift																	
2	75.00	73.10	Zachary Nicholas	19	Raw/Unequipped	Florida Atlantic University				125.0	132.5	-137.5	132.5	190.0	200.0	215.0	347.5	252.1	1.0	0.7
3	75.00	69.90	John Ianno	19	Teen [18-19]	Florida Atlantic University				105.0	115.0	122.5	122.5	195.0	210.0	217.5	340.0	255.1	1.0	0.8
4	82.50	81.90	Mosbeh Alkinany	39	Open	Golds Gym - Coral Gables				190.0	-200.0	-200.0	190.0	200.0	210.0	220.0	410.0	275.9	1.0	0.7
5	90.00	89.00	Jeff Gerardo	34	Open	Fit Forever Fitness - Naples				-240.0	-240.0	240.0	240.0	212.5	227.5	Pass	467.5	300.2	1.0	0.6
6	90.00	85.60	Nicholas Lee	23	Junior [20-23]	Boone Fitness - Coco Beach				137.5	147.5	152.5	152.5	190.0	207.5	-217.5	360.0	236.1	1.0	0.7
7	90.00	87.00	Myles Kantor	28	Raw/Unequipped	YMCA - Boyton Beach				87.5	-102.5	-102.5	87.5	162.5	-205.0	-205.0	250.0	162.5	1.0	0.6
8	100.00	96.90	Ryan Decker	20	Junior [20-23]	YMCA - Naples				147.5	157.5	165.0	165.0	185.0	-210.0	-210.0	350.0	215.8	1.0	0.6
9	110.00	108.50	Peter Maynard	42	Masters I [40+]	Golds Gym - Coral Gables				175.0	185.0	192.5	192.5	140.0	170.0	182.5	375.0	221.6	1.0	0.6
10	125.00	114.40	Jim Dundon	43	Masters I [40+]	Fit Forever Fitness - Naples				232.5	-240.0	-240.0	232.5	232.5	245.0	257.5	490.0	285.1	1.0	0.6
11	125.00	115.40	Damon Sansom	34	Police/Fire/Military	Tomoka Gym - Daytona Beach				165.0	172.5	-182.5	172.5	185.0	205.0	215.0	387.5	224.9	1.0	0.6
12	125.00+	145.20	James Myers	41	Police/Fire/Military	Tomoka Gym - Daytona Beach				182.5	195.0	-200.0	195.0	205.0	222.5	245.0	440.0	244.6	1.0	0.6
13																				
14			Florida State Bench Press																	
15	82.50	82.40	Armand Barrerio	16	Teen II [16-17]	Just Lift Inc - Margate				105.0	110.0	-115.0	110.0				110.0	73.7	1.0	0.7
16	82.50	82.50	Bill Walde	40	Open	Just Lift Inc - Margate				122.5	125.0	-130.0	125.0				125.0	83.7	1.0	0.7
17	82.50	82.50	Bill Walde	40	Masters I [40+]	Just Lift Inc - Margate				122.5	125.0	-130.0	125.0				125.0	83.7	1.0	0.7
18	90.00	88.50	George Walker	61	Masters III [60+]	Quest Gym - Sebring				165.0	170.0	-175.0	170.0				170.0	109.5	1.0	0.6
19	100.00	97.40	Louis Sposato	68	Masters III [60+]	YMCA - Deland				-190.0	-190.0	190.0	190.0				190.0	116.9	1.0	0.6
20	100.00	98.20	Jerry Kluff	73	Masters IV [70+]	Just Lift Inc - Margate				122.5	137.5	-145.5	137.5				137.5	84.3	1.0	0.6
21	100.00	92.30	Steve Eisman	57	Police/Fire/Military	Ballys - Penbroke Pines				130.0	142.5	147.5	147.5				147.5	93.0	1.0	0.6
22	100.00	99.20	Andrew Cohen	27	Special Olympian	Just Lift Inc - Margate				-60.0	60.0	62.5	62.5				62.5	38.2	1.0	0.6
23	100.00	92.30	Steve Eisman	57	Raw/Unequipped	YMCA - Deland				130.0	142.5	147.5	147.5				147.5	93.0	1.0	0.6
24	110.00	108.60	Chris Calvano	39	Open	BB Fitness - Weston				240.0	250.0	Pass	250.0				250.0	147.7	1.0	0.6
25	110.00	108.50	Peter Maynard	42	Masters I [40+]	Gold's Gym - Coral Gables				175.0	185.0	192.5	192.5				192.5	113.8	1.0	0.6
25	125.00	117.50	Sergio Clez	51	Masters I [40+]	Porky's Gym - Miami				192.5	205.0	-220.0	205.0				205.0	118.4	1.0	0.6
26	125.00	114.50	Al Suarez	51	Masters I [50+]	Porky's Gym - Miami				-180.0	-180.0	-191.0								
27	125.00	115.40	Damon Sansom	34	Police/Fire/Military	Tomoka Gym - Daytona Beach				165.0	172.5	-182.5	172.5				172.5	100.1	1.0	0.6
28	125.00+	145.20	James Myers	41	Police/Fire/Military	Tomoka Gym - Daytona Beach				182.5	195.0	-200.0	195.0				195.0	108.4	1.0	0.6
29	125.00+	149.10	Ed Rufus	35	Open	Just Lift Inc - Margate				237.5	247.5	260.0	260.0				260.0	144.0	1.0	0.6
30			Florida State Deadlift																	
31	75.00	69.90	John Ianno	19	Teen [18-19]	Florida Atlantic University								195.0	210.0	217.5	217.5	163.2	1.0	0.8
32	82.50	80.90	Stephen Ferraresi	20	Junior [20-23]	Florida State University								197.5	207.5	220.0	220.0	149.1	1.0	0.7
33	90.00	87.00	Myles Kantor	28	Raw/Unequipped	YMCA - Boyton Beach								185.0	-210.0	-210.0	185.0	120.2	1.0	0.6
34	125.00	115.40	Damon Sansom	34	Police/Fire/Military	Tomoka Gym - Daytona Beach								185.0	205.0	215.0	215.0	124.8	1.0	0.6
35	125.00+	145.20	James Myers	41	Police/Fire/Military	Tomoka Gym - Daytona Beach								205.0	222.5	245.0	245.0	136.2	1.0	0.6
36			Florida State High School																	
37	67.50	67.30	Josiah Laite	17	Varsity HS	Coco Beach Christian Academy	150.0	-162.5	-162.5	87.5	97.5	-100.0	247.5	190.0	210.0	-217.5	457.5	353.6	1.0	0.8
38	100.00	100.00	Joshua Roane	18	Varsity HS	Indian River High School	182.5	-187.5	187.5	137.5	142.5	147.5	335.0	182.5	205.0	227.5	562.5	342.3	1.0	0.6
39	125.00+	156.20	Mike DiBiase	17	Varsity HS	Rockledge High School	227.5	237.5	245.0	135.0	-142.5	-142.5	380.0	215.0	227.5	240.0	620.0	341.1	1.0	0.6